



Mentee intake form

Student details:

Name :
Date of birth :
Address :
Telephone (home) :
Telephone (mobile) :
E-mail :
Education :
School :
School counselor :

I would like to participate in the SUPREME Mentor Programme so that in the future, I...

- 1 ... know what I want for my **future profession**
- 2 ... know more about **labor market requirements**
- 3 ... **know what I want**
- 4 ... can expand my **network**

Additional comments or observations:.....
.....
.....

As a person, I would like to ...

- 5 ... build my **self confidence**
- 6 ... learn how to **stand up for myself**
- 7 ... have a better understanding of what my **skills/competences** are
- 8 ... have the **courage to express my feelings**

Additional comments or observations:.....
.....
.....

For my education, I would like to ...

- 9 ... make a well-founded decision for my future choice of **education**
- 10 ... learn how to better **my planning of school activities**
- 11 ... know how I can **study effectively**
- 12 ... know what to expect if I go to a **higher level of education** (University of applied science)

Additional comments or observations:.....
.....
.....



Socially, I would like to ...

- 13 ... learn how to interact with people of **different cultures**
- 14 ... learn how to work with people of **different ages**
- 15 ... learn how to work in a **team**

Additional comments or observations:.....
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.....

Of the above mentioned 15 topics, write down the numbers of the top three most important topics: 1).....
2).....
3).....

What is your learning goal?

What do you expect from your mentor?

Preferences (male/female/none)?

Additional information/ comments / observations: :.....
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To be completed after the intake

Possible mentor:

Intake done by:

Date:

Important Notes:

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Contact details SUPREME mentoring team Holland

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