



Mentor intake form

Mentor details

Name :

Date of birth :

Place of birth :

Home address :

Home telephone :

Mobile telephone :

Private e-mail :

Profession :

Company :

Company address :

Company telephone :

Contact preference :work / private

Mentor profile

Education :

Relevant work experience:

Current job / position :

Mentor motivation

What is your **motivation** for becoming a mentor?

What are your **wishes and needs** to execute this role?

What is your **message** to the mentee?



What are your expectations of being a mentor?

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What are your expectations from the mentee?

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Mentor skills

Please tick the top three most important statements. I am good at/would like to guide mentees who:

- 1 are trying to find out what **future profession** to choose
- 2 want to know about **labor market requirements**
- 3 want to find out what they want in the **future**
- 4 expand their **network**
- 5 need to build their **self confidence**
- 6 want to learn how to **stand up for themselves**
- 7 want a better understanding of what their **skills /competences** are
- 8 need to develop the **courage to express their feelings**
- 9 want to make a well-founded decision in their choice of **education**
- 10 want to improve their **school activity planning**
- 11 need to be supported in the **learning process**
- 12 want to know what to expect from a **higher level of education** (University of applied science)
- 13 want to learn how to interact with people from **another culture**
- 14 want to learn how to interact with people with **different ages**
- 15 want to learn to **collaborate** and work in a team

Additional information/ comments / observations:

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Contact details SUPREME mentoring team Holland

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To be completed after the intake

Possible mentee:

Intake done by:

Date:

Important notes:

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